



RECOVERY TOOLBOX

Resources
for building
better lives

Recovery Meetings

- AA Meetings www.aaminnesota.org
- Al-Anon/Alateen Meetings www.al-anon-alateen-msp.org - 1.888.4Al-Anon
- Intergroup www.aaminneapolis.org - 952.922.0880
- NA Meetings www.naminnnesota.org - 1.877.767.7676

Faith Based Recovery Meetings

- Celebrate Recovery Meetings <http://locator.crgroups.info/>
- Life Recovery Meeting <http://www.serenityvillagecc.org/>
- Quest 180' <https://eaglebrookchurch.com/next-steps/find-support/addiction--recovery/>

National Hotlines

- National Heroin Hotline 1800.9.HEROIN (437646)
- The National Mental Health Association 1.800.969.6642
- The National Poison Control Center 1.800.222.1222
- National Suicide Prevention Lifeline 1.800.273.8255
- SAMHSA's National Helpline 1.800.662.HELP (4357)



Rule 25 Assessment

Anoka County:763.324.1270

This service is for individuals without insurance. If you do have insurance, please contact your provider.

Chemical Dependency Treatment

MN Adult & Teen Challenge: 612.FREEDOM (373.3366)

MN Alternatives:763.789.4895

Moving Forward:763.355.5092

Nystrom & Associates:763.767.3350

Riverplace:763.421.5590

Unity Outpatient-Lyric Building:.....763.236.3800

Helpful Websites

Substance Abuse and Mental Health Services Administration.....www.samhsa.gov

Prevent prescription painkiller abuse in Minnesota..... www.doseofreality.mn.gov

Partnership for Drug-Free Kids (Where families find answers) www.drugfree.org

Minnesota Prevention Resource Center..... www.mnprc.org

Minnesota Recovery Connection (support, care & resources) www.minnesotarecovery.org

National Institute on Drug Abuse..... www.drugabuse.gov



Anoka County
HUMAN SERVICES DIVISION

Community Social Services and Behavioral Health